



consumermedical[®]
Your Medical Ally[®]

We help you get the best healthcare

Healthcare can be complicated.

That's why our expert team of doctors, nurses, and researchers works to ensure you receive the best possible care, so you can focus on what matters most—getting better.



ConsumerMedical can help you:



Understand any **medical condition** and explore available **treatment options**



Find the best **doctors and hospitals** for your needs



Get a **second opinion** from top specialists, in person or virtually



Cope with stress and other **mental health concerns**

Active employees: Earn **25 Take Action points** towards your *HealthyReturns* incentive for attending a ConsumerMedical health webinar!

Visit info.consumermedical.com/webinar to register for a live or recorded webinar. (max. 3 webinars/75 points)

If your doctor recommends elective lower back surgery, hip or knee replacement, weight loss surgery, or hysterectomy, **you may qualify for a \$400 prepaid card** just for learning more about your treatment options. Call for details.

This valuable benefit is available at **no cost** to all active employees, as well as dependents enrolled in the medical plan. Retirees on the medical plan and their covered dependents are also eligible.

Connect with ConsumerMedical:

1-888-361-3944

Monday–Friday, 8:30 a.m.–11 p.m. EST

myconsumermedical.com

To register, enter company code **FarmCredit**

MyMedicalAlly app

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